

# SPINE ARTS CENTER

Dr. K. Christine Lim, DC, BCAA, FIAMA

Dr. Garry Krakos, DC, MS, BCAA

(Board Certified Atlas Orthogonists)

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[www.atlasspineartscenter.com](http://www.atlasspineartscenter.com)

## YOUR REGISTRATION INFORMATION

TODAY'S DATE:		
NAME:	DATE OF BIRTH:	AGE:
SOCIAL SECURITY NUMBER:	<input type="checkbox"/> MALE	<input type="checkbox"/> FEMALE
STREET ADDRESS:		APT #:
CITY:	STATE:	ZIP CODE:
HOME PHONE:	CELL PHONE:	WORK PHONE:
EMAIL ADDRESS:		
PLEASE CHOOSE HOW YOU WOULD LIKE TO RECEIVE REMINDERS AND PRACTICE UPDATES.		
<input type="checkbox"/> EMAIL	<input type="checkbox"/> TEXT MESSAGE	<input type="checkbox"/> CALL: _____ <input type="checkbox"/> PLEASE DO NOT EMAIL OR TEXT

## YOUR HEALTH INFORMATION

REASON FOR TODAY'S VISIT:
WHEN DID THIS PROBLEM FIRST OCCUR?
HAVE YOU HAD THIS PROBLEM BEFORE?
HAVE YOU PREVIOUSLY BEEN TREATED FOR THIS PROBLEM? DOCTOR'S NAME:
Y/N- HAVE YOU PREVIOUSLY BEEN TO A CHIROPRACTOR? WHEN? DOCTOR'S NAME:

**IN THE PAST YEAR HAVE YOU HAD ANY OF THE  
FOLLOWING?**

Y/N- BACK OR NECK PAIN?	Y/N-PAIN IN THE LEGS OR ARMS?
Y/N-HEADACHES?	Y/N- EARACHES?
Y/N- ALLERGIES?	Y/N- ASTHMA?
Y/N- FALLS FROM A BICYCLE, SKATEBOARD, SCOOTER, ROLLERBLADES, OR SIMILAR? IF SO, EXPLAIN.	
Y/N- DO YOU EVER HAVE A PROBLEM WITH BED WETTING?	
Y/N-HAVE YOU EVER BEEN IN A MOTOR VEHICLE ACCIDENT? EXPLAIN	
Y/N- HAVE YOU EVER HAD ANY BROKEN BONES? EXPLAIN	
Y/N- HAVE YOU EVER HAD ANY SURGERIES? EXPLAIN	
Y/N-ARE YOU CURRENTLY TAKING ANY MEDICATIONS? PLEASE LIST	
Y/N- DO YOU HAVE ANY OTHER HEALTH PROBLEMS?	

**ABOUT YOUR LIFESTYLE**

WHAT GRADE ARE YOU IN AT SCHOOL?	
HOW DO YOU CARRY YOUR SCHOOL BOOKS?	HOW HEAVY IS YOUR BOOKBAG?
WHAT SPORTS DO YOU PLAY?	
HOW MANY HOURS EACH DAY DO YOU WATCH TV AND/OR SPEND ON THE COMPUTER? HOW OFTEN DO YOU PLAY VIDEO GAMES?	

ON AVERAGE, HOW MANY HOURS OF SLEEP DO YOU GET EACH NIGHT?

ARE THERE ANY SMOKERS IN YOUR FAMILY?

DO YOU FEEL STRESSED OUT?

DO YOU HAVE TROUBLE READING THE BLACK BOARD IN CLASS?

DO YOU WEAR GLASSES OR CONTACTS?

DO YOU SOMETIMES GET HEADACHES WHEN YOU READ?

### **ABOUT YOUR DIET**

WHAT DO YOU USUALLY EAT FOR BREAKFAST?

WHAT DO YOU USUALLY EAT FOR LUNCH?

WHAT DO YOU USUALLY EAT FOR DINNER?

WHAT SNACKS DO YOU HAVE AFTER SCHOOL?

WHAT IS YOUR FAVORITE FOOD?

HOW MUCH WATER DO YOU DRINK EACH DAY?

HOW MANY SODAS OR COLAS DO YOU DRINK EACH DAY?

HOW OFTEN DO YOU EAT FAST FOOD?

RATE YOUR OVERALL DIET:

1      2      3      4      5      6      7      8      9      10

### **YOUR HEALTH GOALS**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> ATLAS ALIGNMENT     | <input type="checkbox"/> LIVE A HEALTHIER LIFESTYLE | <input type="checkbox"/> FEEL BETTER QUICKLY |
| <input type="checkbox"/> NUTRITIONAL CONSULT | <input type="checkbox"/> ACUPUNCTURE                | <input type="checkbox"/> EXERCISE PROGRAM    |

# Electronic Health Records Intake Form

*In compliance with requirements for the government EHR incentive program*

First Name:

Last Name:

Email address:

Preferred method of communication for patient reminders (Check one):  Email  Phone

Mail

DOB: Gender (Check one):  Male  Female Preferred Language:

Smoking Status (Check one):  Every Day Smoker  Occasional Smoker  Former Smoker

Never Smoked

*CMS requires providers to report both race and ethnicity*

Race (Check one):  American Indian or Alaska Native  Asian  Black or African American  
 White (Caucasian)  Native Hawaiian or Pacific Islander  I Decline to Answer

Ethnicity (Check one):  Hispanic or Latino  Not Hispanic or Latino  I Decline to Answer

Are you currently taking any medications? (Please include regularly used over the counter medications)

Medication Name	Dosage and Frequency (i.e. 5mg once a day, etc.)

Do you have any medication allergies?

Medication Name	Reaction	Onset Date	Additional Comments

I choose to decline receipt of my clinical summary after every visit (These summaries are often blank because of the nature and frequency of chiropractic care.)

Patient/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*For office use only*

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_ / \_\_\_\_\_

## Financial Policy

Thank you for choosing us as your chiropractic health care provider. Our goal is to provide you with the highest quality health care with integrity and skill in a caring environment. We want to make your financial arrangements as simple as possible. Please read this *financial policy* and ask us any questions you may have. **Please sign or initial in the spaces provided.**

### **Methods of Payment**

We accept all major credit cards (Amex, Visa, MasterCard, and Discover). Payment is also possible via cash or personal check.

### **Care Plans**

A Care Plan is available to assist you in paying for your care. Payment in advance for ten adjustments gives you a 10% discount on all care plan covered charges. Purchase of ten visits for a second and third family member provides a discount of 15% and 20% respectively.

### **Family Plans**

A Family Plan is available to provide chiropractic care for the entire family. This is an affordable way to keep everyone in the family in alignment and in optimal health. Ask our staff for details.

### **Medicare**

- We accept Medicare. Our office will file your Medicare claims on your behalf; full payment is due at the time of service.
- Your charges will be based on the federally mandated Medicare fee schedule. Because we have chosen not to be a Medicare Participating Provider, you will receive reimbursement directly from Medicare.
- Medicare will automatically file your claims with your secondary insurance carrier.
- Please note that Medicare pays for approved *adjustments* only. They do not cover x-rays, exams or other therapies. Charges not covered under Medicare will be your financial responsibility.

### **Auto Accident/Personal Injury Claim**

Please provide our staff with all information pertaining to any auto or personal injury claims including but not limited to: insurance company, claim number, adjustor or attorney contact information, and date of injury.

**Please initial at asterisks\***

\* \_\_\_\_\_ **Payment:** I understand that payment is due at time of service unless other arrangements have been made *prior* to the service rendered.

\* \_\_\_\_\_ **Nonpayment:** Please note that any charges on your account are due at time of service. If you receive a letter regarding overdue unpaid charges on your account, please pay within 14 days to avoid further action.

\* \_\_\_\_\_ **Missed Appointments:** Our office reserves the right to charge \$85.00 for any missed appointments or appointments cancelled without **24 business hours** prior notification.

<b><u>Basic Fee Schedule</u></b>			
Comprehensive Spine Exam	<b>\$185</b>	Initial Nutrition Evaluation	<b>\$150</b>
Digital x-rays (Per view)	<b>\$70</b>	Nutrition Follow-up	<b>\$55</b>
Office Visit/Adjustment	<b>\$85</b>	Muscle Stimulation Therapy	<b>\$25</b>
Initial Acupuncture Evaluation	<b>\$100</b>	Low Level Laser Therapy (LLLT)	<b>\$25</b>
Acupuncture Treatment	<b>\$65</b>		
*Care Plans and Family Plans are available. Please ask the Front Desk for more information.			
*Military Discount: Active duty personnel (10%) on adjustments only.			

**I have read and understand the above financial policy. I agree to abide by its guidelines and understand that I am personally responsible for all services rendered to me by the doctors at Spine Arts Center.**

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\_\_\_\_\_  
Patient/Guardian (Please Print)

Date: \_\_\_\_\_

\_\_\_\_\_  
Patient/Guardian (Signature)

## REQUIRED SIGNATURES

### CONSENT TO CHIROPRACTIC HEALTH SERVICES (For new patients)

I hereby authorize Dr.K.Christine Lim or Dr. Garry Krakos to administer chiropractic care as they deem necessary to \_\_\_\_\_ my \_\_\_\_\_ (indicate relationship).

I am aware that procedures include:

- Physical Examination.
- X-ray(s).
- Chiropractic adjustments
- Physiotherapy.
- Acupuncture.

Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### RELEASE OF INFORMATION

I authorized Dr. K. Christine Lim and/or Dr. Garry Krakos to release any information or office records to my medical insurance company.

Name of Insurance Company: \_\_\_\_\_

Guardian signature: \_\_\_\_\_ Date: \_\_\_\_\_

### FEMALE PATIENTS ONLY

This is to certify that to the best of my knowledge I am **NOT** pregnant.

Date of last menstrual period: \_\_\_\_\_

Patient/guardian signature: \_\_\_\_\_

Date: \_\_\_\_\_

## Acknowledgement of Receipt of “Notices of Privacy Practices”

I hereby acknowledge that I have received a copy of this office’s “Notices of Privacy Practices”. I understand that if I have questions or complaints regarding my privacy rights that I may contact the person listed on the NPP form.

\_\_\_\_\_  
Patient/Guardian (Please Print)

Date: \_\_\_\_\_

\_\_\_\_\_  
Patient/Guardian (Signature)



### For Office Use Only

We attempted to obtain written acknowledgement of receipt of our “Notices of Privacy Practices”, but acknowledgement could not be obtained because:

- Individual refused to sign.
- Communication barriers prohibited obtaining the acknowledgement.
- An emergency situation prevented us from obtaining acknowledgement.
- Other:

\_\_\_\_\_



# Spine Arts Center

## Notice of Privacy Practices

### (PATIENT COPY)

This notice describes how personal health information (PHI) may be used and disclosed and how you can get access to this information. Please review this document carefully. The privacy of your health information is important to us.

#### Your Rights:

- You can ask to see or get a copy of your health information and claims records and other health information we have about you. We will provide a copy or a summary of your health and claims records, usually within 30 days of your request. We may charge a reasonable, cost-based fee.
- You can ask us to correct your health and claims records if you think they are incorrect or incomplete. We may say “no” to your request, but we’ll tell you why in writing within 60 days.
- You can ask us to contact you in a specific way or to send mail to a different address. We will consider all reasonable communication requests, and must say “yes” if you tell us you would be in danger if we do not.
- You can ask us not to use or share certain health information for treatment, payment or our operations. We are not required to agree to your request, and we may say “no” if it would affect your care.
- You can ask for a list of the times we’ve shared your health information for six years prior to the date you ask. We will include all the disclosures except for those about treatment, payment, and health care operations, and certain other disclosures. We’ll provide one accounting a year for free but will charge a reasonable, cost-based fee if you ask for another one within 12 months.
- You can ask for a paper copy of this notice at any time, even if you have agreed to receive the notice electronically. We will provide you with a paper copy promptly.
- If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information. We will make sure the person has this authority and can act for you before we take any action.
- You can complain if you feel we have violated your rights by contacting us using the information at the bottom of the page. You can file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights by sending a letter to 200 Independence Avenue, S.W., Washington, D.C. 20201, calling 1-877-696-6775, or visiting [www.hhs.gov](http://www.hhs.gov). We will not retaliate against you for filing a complaint.

#### Your Choices:

- For certain health information, you can tell us your choices about what we share. If you have a clear preference for how we share your information in the situations described below, talk to us.
- In these cases, you have both the right and choice to tell us to: share your information with your family, close friends, or others involved in payment for your care, and share your information in a disaster relief situation. If you are unable to communicate your preference, for example if you are unconscious, we may go ahead and share your information if we believe it is in your best interest. We may also share your information when needed to lessen a serious and imminent threat to health or safety.

- In these cases, we never share your information unless you give us written permission: marketing purposes and sale of your information.

#### Our Uses and Disclosures:

- We can use your health information and share it with professionals who are treating you.
- We can use and disclose your information to run our organization and contact you when necessary.
- We can use and disclose your health information as we pay for your health services.
- We may disclose your health information to your health plan sponsor for plan administration.
- We can share health information about you for certain situations such as: preventing disease, helping with product recalls, reporting adverse reactions to medications, reporting suspected abuse, neglect or domestic violence, and preventing or reducing a serious threat to anyone's health or safety.
- We can use or share your information for health research.
- We will share information about you if state or federal laws require it, including with the Department of Health and Human Services if it wants to see that we're complying with federal privacy law.
- We can share health information in response to organ and tissue donation requests and work with medical examiners or funeral directors.
- We can use or share health information about you: for workers' compensation claims, for law enforcement purposes or with a law enforcement official, with health oversight agencies for activities authorized by law, and for special government functions such as military, national security, and presidential protective services.
- We can share health information about you in response to a court or administrative order, or in response to a subpoena.

#### Our Responsibilities:

- We are required by law to maintain the privacy and security of your PHI. We will let you know promptly if a breach occurs that may have compromised the privacy or security of your information. We must follow the duties and privacy practices described in this notice and give you a copy of it. We will not use or share your information other than as described here unless you tell us we can in writing. If you tell us we can, you can change your mind at any time. Let us know in writing if you change your mind.
- We can change the terms of this notice, and the changes will apply to all information we have about you. The new notice will be available upon request, on our website, and we will mail you a copy.

Effective Jan 1, 2017

Privacy Office:

Dr. Garry T. Krakos

703-644-2222

[info@atlasspineartscenter.com](mailto:info@atlasspineartscenter.com)